

Conflict Resolution Worksheet

University Ombuds, College of William & Mary

Complete the sentence: "With conflict resolved, I will [feel], [be able to], [?] ..."

What has happened?

My Story	Their Story	"Third Story" (Neutral)

What are yours and their interests? (the "why" behind positions)

Mine	Others (including other involved parties)

What is my game plan?

<p>Options (possible ways to address some or all interests by agreement) Alternatives (what I and the other party will do about interests <i>without</i> agreement) Communication strategy (separating people from the problem and curiosity questions) Commitment tools (means to encourage follow-through with agreement)</p>
