# Family Resource Guide





# Family Resource Guide

2024-2025

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# **NUTS & BOLTS**

#### **Auxiliary Services**

wm.edu/auxiliary

(BOOKSTORE, CONFERENCE SERVICES, DINING, PARKING & TRANSPORTATION, POSTAL SERVICES, PRINT SHOP, TRIBE CARD)

From dining options, textbook rentals, student employment and more. Auxiliary Services provides a variety of products and services that support and enhance campus life for students, faculty and staff, alumni, and guests of William & Mary. Our dedicated staff is committed to meeting the diverse needs of living and learning on campus, and elevating student success.

#### **Campus Bookstore**

bookstore.wm.edu

601 Prince George Street | (757) 221-1651

The William & Mary Spirit Shop & Bookstore, operated by Barnes & Noble College Booksellers, is the university's retail location for textbooks, general books and William & Mary memorabilia.

#### **Dining Services**

wm.edu/dining

dining@wm.edu

#### (MEAL PLANS, DINING DOLLARS, SPECIAL DIETS, CAMPUS DIETITIAN)

All undergraduate students residing in campus-managed housing are required to have a meal plan. Meal plans, accessed through your Tribe Card (student ID), include meal swipes and Dining Dollars. Meal swipes can be used in residential dining facilities and Dining Dollars are used as a cash equivalency at all dining locations. With two all-you-care-to-enjoy facilities, open from 7am – midnight daily, and ten retail-style locations, featuring national brands like Chick-fil-A and local partners, there is a wide variety on campus. Follow us on social at @wmdining.

#### **Dining Wellness**

### williamandmary.campusdish.com/HealthAndWellness rvick@wm.edu

#### $({\tt ALLERGY\,CONCERNS}, {\tt DIETARY\,RESTRICTIONS}, {\tt HEALTHY\,EATING})$

The WM Dining Wellness Manager is here to enhance safe dining experiences for all students all students. If a student has food allergies, or other special dietary restrictions, the Wellness Manager alongside culinarians and dining staff are here to support you. Please reach out with questions or needs via the following methods: our Golden Apron program, the text concierge, email, in-person, or DMs via our social media platforms. The Wellness Manager also supports any students looking to improve their wellness through food, and

those looking to gain nutritional knowledge. As a Registered Dietitian, the Wellness Manager emphasizes an all-foods fit mindset and is here to start a dialogue on any dining nutrition questions or feedback.

#### **ESPECIALLY FOR FAMILIES**

# FERPA: Family Educational Rights and Privacy Act

#### wm.edu/offices/registrar/facstaff/ferpaandbanner

The Family Educational Rights and Privacy Act is a federal law that affords students certain rights with respect to their education records and defines situations in which the university may release information from student records with student consent. These rights transfer from the parents to the student when the student either turns eighteen years old or enters a postsecondary educational institution, regardless of age.

#### **Financial Aid**

wm.edu/financialaid

aid@wm.edu | (757) 221-2420

#### (FAFSA, FEDERAL WORK STUDY, STUDENT EMPLOYMENT OPPORTUNITIES)

As a public university, we work hard to keep the cost of our exceptional education affordable, and we commit our resources to need-based aid. We typically meet 100% of demonstrated financial need for in-state students, and qualifying out-of-state students may receive up to 25% of their full cost of attendance in grant aid.

#### Financial Operations (Bursar's Office)

wm.edu/offices/financialoperations/sa

bursar@wm.edu | (757) 221-1220

(STUDENT ACCOUNTS, COLLECTION OF TUITION, FEES, MEAL PLANS, HOUSING, AND OTHER UNIVERSITY CHARGES)

Financial Operations at William & Mary and the Virginia Institute of Marine Science is responsible for providing comprehensive accounting, bursar and payroll services in support of the university's primary mission of education, research and public service.

#### **Insurance Requirement**

#### wm.edu/studentinsurance

The university requires all full-time students and all F-1 or J-1 international students to have health insurance coverage throughout the entire school year as a condition of enrollment due to the extremely high cost of healthcare and the importance of adequate health insurance coverage. Every academic year, these students must either elect to enroll in or waive out of the Student Insurance

#### **NUTS & BOLTS, CONTINUED**

Plan to comply with this requirement. Students with other adequate healthcare coverage must file a Waiver Request that is approved by 7/31 for the entire school year or by 12/31 for new, transfer or readmitted students for the Spring term to avoid being billed for and enrolled in the W&M-sponsored Student Insurance Plan.

#### **ESPECIALLY FOR FAMILIES**

#### **Parent Proxy**

#### wm.edu/offices/communityvalues/ families/resources-tools/proxy

Proxy Access provides students with the ability to grant permission to their parents or guardians to view certain pages of information currently available in their student's Banner account. The student manages the creation of a proxy and the pages they can view. If a William & Mary student has granted you proxy access to their student information, you will receive an email with a temporary web link and temporary PIN.

#### **Parking & Transportation**

wm.edu/parkingandtransportation

parked@wm.edu | transport@wm.edu | (757) 221-4764

(PARKING DECALS, VISITOR LOTS, SPECIAL EVENT PARKING, BIKE ALLIANCE, AIRPORT TRAVEL, ZIPCAR, WATA)

Parking and Transportation services at William & Mary are dedicated to providing William & Mary students, faculty and staff with a safe and organized campus, and the ability to get you where you need to go. Sometimes this means we have to lay down the law, but we also do a lot to make the W&M area an easy place to explore.

#### **ESPECIALLY FOR FAMILIES**

#### **Passphrase**

#### wm.edu/passphrase

Passphrase is a new verification system designed to verify the identity of individuals requesting information from student education records. No information from student education records may be disclosed without consent of the student or an applicable exemption under the student records privacy policy. Established Release Types include: Academic Release, Financial Release, Conduct/Honor Release.

# Student Accountability & Restorative Practices

wm.edu/sarp

cvrp@wm.edu | (757) 221-2509

#### (STUDENT HANDBOOK, CODE OF CONDUCT, HONOR CODE)

Our community values include personal and academic integrity, respect for the rights of others, and personal responsibility. These values are reflected in the Honor Code, the Student Code of Conduct, and other university policies.CVRP staff members are available to provide information to students, faculty, and staff about the university community's standards and relevant procedures and to discuss and receive reports related to students or student groups.

#### **Student Health Insurance**

#### wm.edu/sites/studentinsurance/plan

The Student Health Insurance Plan, designed especially for the students of W&M, is a school-sponsored group health plan that offers comprehensive benefits that is compliant with the Affordable Care Act and is a high-level Gold plan. The UnitedHealthcare StudentResources (UHCSR) policy, underwritten by UnitedHealthcare Insurance Company, is intended to provide healthcare benefits at a reasonable price for professional services obtained from the on-campus Student Health Center and outside the campus utilizing a national network of healthcare providers and facilities. The Plan is a one-year term policy that begins on August 1 and ends on July 31 each year. All full-time students are eligible for and all F-1 or J-1 international students are required to enroll in this Student Health Insurance.

#### **Tribe Card Services**

wm.edu/tribecardservices

tribecard@wm.edu | (757) 221-2105

#### (TRIBE CARD, W&M EXPRESS)

Here at the Tribe Card Services Office, we unite William & Mary through a secure and reliable single card system that makes it easy for you to access goods and services all over campus. Whether you're looking to check out a book from Swem library, hit one of the treadmills at the W&M Rec Center, or grab something to eat, make sure you've got your W&M ID card!

#### **NUTS & BOLTS, CONTINUED**

#### **University Registrar**

#### wm.edu/registrar

registrar@wm.edu | (757) 221-2800

### (TRANSCRIPTS, DEGREE AUDITS, TRANSFER CREDITS, RESIDENCY, CO-ENROLLMENT PROGRAMS, VETERAN BENEFITS)

The Office of the University Registrar supports the primary educational mission of William & Mary. We offer assistance and service to students, faculty, staff, alumni, parents and all other members of the William & Mary community. Whether you need to submit transfer credits, get help registering for classes, or get a transcript to send off for that great new job, we have you covered.

#### **W&M Express**

#### wm.edu/wmexpress

William & Mary Express allows you to load funds on your W&M ID card to use on campus and at certain locations off campus. It's a secure, reliable way to make transactions without the concerns of carrying cash or the hassle of a credit card.

#### William & Mary Postal Services

#### wm.edu/postalservices

wmpostoffice@wm.edu

#### (SHIPPING AND RECEIVING MAIL)

We provide timely, reliable, and accurate processing and distribution of William & Mary's internal and external mail. Your CSU/mailbox number is for a virtual mailbox that you will keep until you withdraw or graduate. You will receive an email notification for EVERY piece of mail that you receive. Your CSU # is located on the home page of the housing portal.

#### **ADDRESSING MAIL TO STUDENTS ON CAMPUS**

Via U.S.P.S. UPS/FedEx/DHL/Amazon

Student Name Student Name

CSU# CSU#

P.O. Box 8795 200 Stadium Drive Williamsburg, VA 23187-8795 Williamsburg, VA 23187

# **ACADEMICS**

#### **Arts & Sciences**

wm.edu/as

wm.edu/majorsminors

(UNDERGRADUATE STUDIES AND GRADUATE STUDIES)

Arts & Sciences offer 11 graduate programs and dozens of undergraduate majors and minors, offering breadth and depth of knowledge across the disciplines.

#### The Charles Center

wm.edu/as/charlescenter

(STUDENT RESEARCH, HONORS THESES, ACADEMIC INTERNSHIPS, SCHOLARS PROGRAMS, STUDY AWAY)

The Charles Center cultivates courageous thinking by providing profound academic experiences beyond the classroom. We are a launching pad for undergraduate research and a range of applied-learning initiatives that cut across disciplinary, programmatic, and departmental boundaries. One out of every five W&M students benefits annually from Charles Center mentoring and programming as summer research or internship awardees, Monroe Scholars, WMSURE Scholars, 1693 Scholars, Sharpe Scholars, Journalism program participants, or Honors students.

#### Global Education

wm.edu/studyabroad

wmabroad@wm.edu

#### (STUDY ABROAD, EXCHANGE PROGRAMS)

William & Mary is the #1 public university for study abroad. More than 55% of all undergraduates study abroad in their W&M careers. More than 840 undergraduate students study Abroad each year in more than 55 countries around the world. The Global Education Office awards more than \$600,000 for study abroad scholarships annually. Study abroad allows students to meet the educational objectives of the COLL 300 requirement.

#### Joint Degree Programme

wm.edu/standrews

(INTERNATIONAL JOINT DEGREE PARTNERED WITH UNIVERSITY OF ST ANDREWS IN SCOTLAND)

The Joint Degree Programme between William & Mary and the University of St Andrews is one of the few international undergraduate joint degrees offered with a U.S. university. Students complete two years at each institution and earn a single diploma--a Bachelor of Arts (International Honours - with the insignia of both institutions). The Programme offers you a greater range of academic experiences than either school can offer on its own. It gives you the opportunity to experience two distinct intellectual and national cultures. Your studies will have more breadth than a traditional St Andrews degree as well as more specialization than is usual at William & Mary.

#### **Mason School of Business**

mason.wm.edu

info@mason.wm.edu | (757) 221-4100

#### (UNDERGRADUATE AND GRADUATE PROGRAMS)

Driven by our distinctive ideals of public service, entrepreneurship, and innovation, we have pressed on and once again take up the challenge of revolution, an economic one, where commerce, integrity, and hard work will be called on to reshape the world. The Mason School of Business embraces the spirit of revolution by educating the next generation of principled leaders who will imagine the great business opportunities of the day and seize them. The entrepreneurial spirit that is the cornerstone of American business is as alive and as important as ever and lives on at the Mason School of Business.

#### Office of Undergraduate Academic Affairs

wm.edu/as/ouaa

academicaffairs@wm.edu | (757) 221-2476

(PRE-MAJOR ADVISING, MAJOR ADVISORS, FELLOWSHIP ADVISING, PEER ADVISORS, PRE-PROFESSIONAL PROGRAM ADVISORS)

The Office of Undergraduate Academic Affairs (OUAA) serves as a centralized advising hub focused on supporting the students, staff, and faculty that compose the W&M campus community. We can help students connect with faculty advisors, identify curricular and co-curricular opportunities to further their academic goals, find additional resources to enhance their educational experience, and learn about national fellowships.

#### ACADEMICS, CONTINUED

#### **Reves Center for International Studies**

wm.edu/reves

international@wm.edu

(INTERNATIONAL COLLABORATIONS, GLOBAL EDUCATION, GLOBAL ENGAGEMENT, INTERNATIONAL STUDENTS AND SCHOLARS)

The Reves Center for International Studies is the hub of globalization and global engagement at William & Mary and home of the Global Education Office and the Office of International Students, Scholars and Programs. The Reves Center supports and promotes the internationalization of learning, teaching, research and global engagement across the university and around the world.

#### School of Education

education.wm.edu

wmsoe@wm.edu

#### (UNDERGRADUATE AND GRADUATE PROGRAMS)

The School of Education's graduate programs are designed to meet the needs of a diverse student population that includes full-time and part-time students, differently abled students, mid-career professionals responding to rapid changes in their respective fields, homemakers re-entering the paid work force, and recent recipients of bachelor's or master's degrees preparing for advanced positions in the field of education.

#### **Swem Library**

libraries.wm.edu

libraries@wm.edu | (757) 221-3072

### (GET HELP & SUPPORT, BORROW BOOKS, QUIET STUDY SPACES, ACCESS TECHNOLOGY)

We are proud to offer a collection of more than one million books, journals, and films. Students can access our e-resources, such as e-books, databases, and streaming video, from anywhere in the world. Our librarians offer research support via in-person consultations and online chat 24/7. The main library, Swem Library, provides varied study areas, including group study rooms, a dedicated quiet study floor, collaboration booths, and more!

#### **Washington Center**

wm.edu/dc

(D.C. SEMESTER PROGRAM, D.C. WINTER SEMINAR, D.C. SUMMER INSTITUTES, D.C. SUMMER SESSION, GLOBAL SCHOLARS PROGRAM)

The Washington Center delivers applied learning, professional development, and career exploration opportunities for 450+ undergraduate students year-round. Programs are designed for students and faculty across all disciplines to find a place of belonging and discovery, regardless of academic focus. Located in Washington D.C., W&M's "Campus in the City" is the home of Study in D.C. and a venue for the entire W&M community. For over 20+ years, students have traded classrooms in Williamsburg for internships, alumni mentorship, and personalized support in the nation's capital. In partnership with the Washington Center Advisory Board, over \$100,000 scholarships are awarded annually to ensure that all students can access these transformational programs.

#### Writing and Communication Center

wm.edu/as/wcc

wccenter@wm.edu

(ONE-ON-ONE WRITING SUPPORT)

At the Writing and Communication Center, we help you strengthen your writing and communication skills by providing resources, workshops, and individual support for all kinds of assignments and projects: academic essays, presentations, personal statements, applications, creative writing, digital communication, and more. Students from all disciplines and levels are welcome.

# **CAMPUS LIFE**

#### **Athletics**

tribeathletics.com

(TEAMS, SCHEDULES, TICKETS)

With over 20 varsity sports, Athletics is an integral part of the educational experience at William & Mary. Our responsibility is to deliver a holistic experience with high standards of performance; providing an environment where champions of uncompromising character, fully engaged with campus and the community, prepare to make a positive impact in a complex and changing world.

#### **Campus Recreation**

wm.edu/campusrec

(757) 221-3310, opt. 3

(FITNESS & WELLNESS, INTRAMURALS, SPORT CLUBS, TRIBE ADVENTURES, AQUATICS & SAFETY, AND EQUIPMENT RENTAL)

We provide quality recreational opportunities to all members of the William & Mary community to enhance and foster a lifelong appreciation for health, wellness and recreation.

#### **Center for Student Diversity**

wm.edu/studentdiversity

studentdiversity@wm.edu | (757) 221-2300

AFRICAN AMERICAN, ASIAN, PACIFIC ISLAND, AND MIDDLE EASTERN (APIM), LGBTQ+, LATINX STUDENTS, DIVERSITY & INCLUSION, SUPPORT & ADVOCACY, SPIRITUALITY & FAITH

At the heart of our mission is ensuring every student enjoys a dynamic experience rooted in inclusivity. We warmly welcome individuals of all races, cultures, gender identities, and religious backgrounds to explore our space, access resources, and collaborate with the Center for Student Diversity (CSD) in our programming efforts. If Admissions serves as the gateway, then the CSD stands as the comforting haven for our marginalized and underrepresented students. Our dedication encompasses creating a nurturing and empowering atmosphere for African American, Asian, Pacific Islander, and Middle Eastern (APIM), LGBTQ+, and Hispanic/Latinx students, guiding them towards success throughout their W&M journey. Moreover, we provide training and educational initiatives for student organizations, faculty, and staff, enriching their understanding and skills in engaging with diverse communities.

#### **Civic & Community Engagement**

wm.edu/cce

(757) 221-3263

(WEEKLY VOLUNTEERING, YOUTH PROGRAMS, ALTERNATIVE BREAKS, CIVIC LEADERSHIP, VOTER ENGAGEMENT, PAID INTERNSHIPS AND GRANTS)

Together with members of William & Mary and our broader communities, Civic & Community Engagement cultivates equitable and transformational relationships and provides programming and resources for students to become lifelong community-centered leaders. Students can always find upcoming opportunities on W&M GivePulse, our campus platform for community engagement.

#### Fraternity & Sorority Life

wm.edu/fsl

(FRATERNITIES, SORORITIES, HOW TO JOIN, RESOURCES)

A community is comprised of many different components, and the Fraternity & Sorority Community at William & Mary is no different. Not only are we made up of 1600+ members belonging to approximately 32 chapters, but we are also a community with three governing councils (and executive boards), an honor organization, and staff.

#### Residence Life

wm.edu/residencelife

myroom@wm.edu | (757) 221-4314

#### (MOVE IN, MOVE OUT, HOUSING, COMMUNITY ENGAGEMENT ON CAMPUS)

Residence Life provides a home where William & Mary students may flourish both personally and academically. We do this by partnering with our residents to create caring and responsible communities. W&M students will be able to determine what it means to be in community with others and their responsibility in its development and evolution as empowered leaders. Through our variety of living options and 150+ trained and talented student and professional staff, we work to make your living experience enjoyable, secure, and comfortable.

#### **Student Affairs**

wm.edu/studentaffairs

studentaffairs@wm.edu | (757) 221-1236

(CAMPUS LIVING, HEALTH & WELLNESS, STUDENT ENGAGEMENT & LEADERSHIP, STUDENT SUCCESS, THE HAVEN)

Through student-centered programs, policies, and services, the Division of Student Affairs supports the academic enterprise and our students by preparing them to learn, engage, and grow with integrity, wellness, and purpose. Our vision is to create an engaging learning environment where community is strengthened and individuals flourish.

#### CAMPUS LIFE, CONTINUED

#### **Student Leadership Development**

wm.edu/offices/studentleadershipdevelopment

tribelink.wm.edu leadership@wm.edu

(CLUBS & ORGANIZATIONS, FRATERNITY/SORORITY LIFE, LEADERSHIP DEVELOPMENT INITIATIVES, STUDENT GOVERNMENT, HAZING PREVENTION)

At William & Mary, we believe that student leadership development is a cornerstone in supporting our students to become engaged citizens. Leaders develop a skill set to adapt to change, craft creative solutions, and seize opportunities. Getting involved gives you a limitless practice field, and we're here to support you! Check out TribeLink for the directory of Recognized Student Organizations.

#### **Student Unions & Engagement**

#### wm.edu/sue

(EVENT PLANNING AND EXECUTION, ALMA MATER PRODUCTIONS, STUDENT EMPLOYMENT, STUDENT UNIONS OPERATIONS)

Student Unions & Engagement cultivates intentional and inclusive experiences and physical spaces for all students to gather, enjoy, belong and flourish at William & Mary. Our work is centered in Sadler and touches all parts of campus. We support student organizations and university offices in their event management and execution and offer meaningful campus involvement through AMP (the student event board) and our student employment program. We seek to create a cherished part of the W&M experience for all and look forward to seeing you on campus!

## SUPPORT RESOURCES

#### **Academic Wellbeing**

wm.edu/academicwellbeing

academicwellbeing@wm.edu | (757) 221-1327

(TUTORZONE, TIME MANAGEMENT SKILLS, ACADEMIC SUPPORT, ACADEMIC COACHING, COURSE WITHDRAWALS, EMERGENCY NOTIFICATION REQUESTS, UNDERLOADS, OVERLOADS, INSTITUTIONAL WITHDRAWALS/RE-ENROLLMENTS)

The office of Academic Wellbeing strives to guide students to the successful completion of their educational goals. By connecting students with professionals who understand that life extends beyond the classroom, Academic Wellbeing aims to take a holistic approach in helping students navigate both the academic and extracurricular aspects of their lives. Our team of student-centered professionals seeks to create an accessible, responsive, and constructive space in which students can learn and practice the skills necessary to be active, independent, and confident learners.

In addition to assisting students with common academic concerns, our office helps students further develop a sense of personal responsibility and accountability, navigate and find avenues to participate in university and campus culture, and hone their decision-making skills. Recognizing that our students are people first, our goal is to support the overall person first and foremost. We hope that students leave our office feeling heard, understood, and connected to meaningful and thoughtful allies. Whether students need help tackling a particularly busy pre-break week, balancing the demands of a full-time job with their coursework, or something else, Academic Wellbeing is here to help.

#### **Care Support Services**

wm.edu/care

care@wm.edu | (757) 221-2511

(MEDICAL LEAVE/CLEARANCE, CARE CONCERNS/CONCERNS ABOUT STUDENT WELLBEING, STUDENT EMERGENCY NOTIFICATION REQUESTS, NON-CLINICAL CASE MANAGEMENT)

Care Support Services provides support and advocates for students going through challenging circumstances, offering connection to campus resources and empowering students to care for their academic and personal wellbeing.

#### Career Development & Professional Engagement

wm.edu/career

career@wm.edu | (757) 221-3231

The Office of Career Development & Professional Engagement offers career development programs, services, connections, and resources, designed to help students and alumni navigate rapid change and thrive from their first job to their last.

#### SUPPORT RESOURCES, CONTINUED

#### **ESPECIALLY FOR FAMILIES**

#### **Family Engagement**

#### wm.edu/families

families@wm.edu | (757) 221-2508

#### (FAMILY ORIENTATION, FAMILY WEEKEND, WEBINAR SERIES, CARE PACKAGES)

We want parents and families to have all of the resources necessary for their William & Mary experience to be as enriching and rewarding as possible. We recognize that having a student in college can be both an exciting and challenging experience. Our goal and vision is to help ease that process while providing resources, student stories, opportunities for involvement and a parent support network.

#### The Haven

#### wm.edu/thehaven

thehaven@wm.edu | (757) 221-2449

(CONFIDENTIAL RESOURCE- SEXUAL VIOLENCE, HARASSMENT, ABUSE, STALKING)

The Haven is a confidential, welcoming, and inclusive resource center for students impacted by sexual violence, sexual harassment, relationship abuse or intimate-partner violence, stalking, and other gender-based discrimination. Students can meet with either professional staff or a peer advocate. We provide support, information, and resources in a confidential setting.

#### **Information Technology**

#### wm.edu/it

support@wm.edu | (757) 221-4357

#### (COMPUTER SUPPORT, SUPPORT CHAT, EMAIL, PASSWORDS)

William & Mary Information Technology is a service-based organization, first and foremost. We will always be ready with creative solutions for all your technology needs.

#### **ESPECIALLY FOR FAMILIES**

#### The Parent & Family Council (PFC)

# advancement.wm.edu/volunteer-leadership/pfc pfcleadership@wm.edu

The Parent & Family Council advances educational and career opportunities, enhances student life and wellbeing, and promotes William & Mary's distinctive culture of community, tradition and innovation by investing leadership philanthropic support to the Parents Fund and other university priorities.

As the development board for the Division of Student Affairs, council families make an annual leadership gift to the Parents Fund and commit to considering other giving opportunities that reflect their philanthropic capacity and areas of personal passion at William & Mary. The council comprises national and international

representation, as well as both alumni and non-alumni families. Families attend meetings and events with university leaders, and act as advocates for families and effective ambassadors for the university. The Office of Parent & Family Giving helps the Council meet annual fundraising goals, including facilitating opportunities for families to engage in peer outreach and host events that foster a welcoming and inclusive community.

#### **Student Accessibility Services**

wm.edu/sas

sas@wm.edu | (757) 221-2512

#### (ACCESSIBILITY, MOBILITY, ACCOMMODATIONS)

Student Accessibility Services works to create equitable educational opportunities for students with disabilities. The staff work with faculty and university offices to offer a variety of services for all William & Mary students with disabilities. SAS provides students with reasonable and appropriate accommodation for the duration of their time at the university and seeks to empower students to be agents and advocates for their needs.

### Student Transition Engagement Programs

wm.edu/step

step@wm.edu | (757) 221-1431

(ORIENTATION, MOVE-IN, CONVOCATION, DISTINCTIVE POPULATION CONNECTIONS, TRANSITION SUPPORT, FIRST-YEAR HONOR SOCIETIES)

STEP supports the transition of students in, through, and out of their unique W&M experience by helping to develop community while providing services, outreach, and support encompassed within year-round Community and Distinctive Population Initiatives and signature annual programs—like New Student Orientation, My First W&M Weekend, Off Campus Education & Housing Fairs, the W&M Ring Ceremony, and our Find, Form, & Focus Year Experience (F3 YE) opportunities. The office also supports larger university traditions such as Opening Convocation, Charter Day, and Commencement Weekend.

#### Student Veteran Engagement

wm.edu/osve

(APPLICATIONS, TRANSFER OF CREDITS, SUPPORT SERVICES, VA EDUCATION BENEFITS)

The Office of Student Veteran Engagement (OSVE) supports veteran students in a variety of ways, from bolstering the efforts of veteran student organizations to connecting veterans with resources on and off campus. The staff assist in finding internship and employment opportunities as well as coordinating initiatives across all schools and programs, working to expand veteran enrollment, and seeking support for other university veteran programs.

# HEALTH & SAFETY

#### Center for Mindfulness & Authentic Excellence

wm.edu/offices/wellness/ohp/cmax

(AUTHENTIC EXCELLENCE INITIATIVE, HEALTH COACHING, BUILDING CONNECTIONS & BRIDGING DIFFERENCES)

The Center for Mindfulness and Authentic Excellence works to teach us tools for resilience and share the message that when we seek to optimize—versus maximize—our wellness across all eight dimensions, we flourish.

#### **Counseling Center**

wm.edu/counselingcenter

(757) 221-3620

(MENTAL HEALTH, RELATIONSHIPS, FAMILY CONCERNS, IDENTITY DEVELOPMENT, PERSONAL GROWTH)

Located in the McLeod Tyler Wellness Center, we offer a range of mental health services to students wanting help with personal concerns. Our staff specializes in the developmental issues and clinical concerns common to college students such as relationship and family issues, academic and personal stress, identity development and personal growth.

#### **Emergency Information**

wm.edu/emergency

(TRIBE ALERTS, EMERGENCY MANAGEMENT TEAM, EMERGENCY NOTIFICATION SYSTEM)

William & Mary is committed to providing a safe and secure environment for its students, faculty, employees and visitors to learn, teach, work and enjoy our beautiful campus and all it offers. In pursuit of that goal, the university takes a comprehensive approach to protecting the campus community and preparing for any emergency. Although a university campus is among the safest places you can be, we work every day to make our campus safer. Using the university's emergency notification system, the Emergency Management Team will notify the campus community of any confirmed emergency or dangerous situation that presents an immediate threat to the health or safety of the community.

#### **Health Promotion**

wm.edu/offices/wellness/ohp

wellness@wm.edu | (757) 221-1439

(SELFCARE OVER SOOTHING [SOS], EVENTS WITH ALCOHOL TRAINING [EAT], I CAN I WILL COURAGE INTERVENTION, WORKSHOPS AND TRAINING ON A VARIETY OF HEALTH TOPICS)

Located in the McLeod Tyler Wellness Center, we work to enhance the overall health and wellness of the W&M campus community through evidence-informed prevention efforts. By advancing a holistic and multidimensional view of wellness, we promote a culture of healthy behavior and choices that improve quality of life.

#### Student Health Center

wm.edu/health

(757) 221-4386

(PRIMARY CARE SERVICES, PHYSICAL, MENTAL HEALTH, SOCIAL HEALTH)

Located in the McLeod Tyler Wellness Center, we provide a full-range of primary care services. All full-time students with a completed Health Evaluation Form are eligible to receive care at the Student Health Center.

#### **Timely Care**

timelycare.com/wm

William & Mary has partnered with TimelyCare, a virtual health and well-being platform to offer students access to mental health support beyond the services offered at the Counseling Center. William & Mary students can select from a wide-ranging menu of virtual care options from TimelyCare licensed counselors in all 50 states – there is not cost to students who have paid the W&M health fee, which is the case for in-person learners. There is a nominal fee (\$12 per semester) for online students. No insurance is needed. Services include: on-demand 24/7 mental health and emotional support (TalkNow), ongoing appointmentbased mental-health counseling, psychiatric support (needs referral), and Health coaching to develop healthy lifestyle behaviors (unlimited access for students throughout the world; can be a supplement to therapy or a standalone service). For ongoing counseling, students can choose the day, time (including later evenings and weekend availability), and mental health provider that works best for them. Students can look through the bios, specializations, and identities of the providers to find a good match. Sessions can extend to 12 appointments over the course of the calendar year, which resets each fall. Students can access services by downloading the TimelyCare App.

#### **W&M Police Department**

wm.edu/police

(757) 221-4596

William & Mary police officers have the same training and police authority, including powers of arrest, as all other police officers in Virginia. We provide professional police, public safety, emergency communications, and emergency management services that include active police patrol 24 hours-a-day, 7 days-a-week; crime prevention services; critical incident response; criminal investigation; security technology systems; student training on Response to an Active Shooter Incident, Alcohol and Other Drugs Awareness; and victim/witness support services.