

Syllabi template language for mental and physical well-being:

William & Mary recognizes that students juggle different responsibilities and can face challenges that make learning difficult. There are many resources available at W&M to help students navigate emotional/psychological, physical/medical, material/accessibility concerns, including:

- The W&M Counseling Center at (757) 221-3620. Services are free and confidential.
- The W&M Health Center at (757) 221-4386.
- To seek assistance for interpersonal, academic, and wellness challenges, please contact Care Support Services at wm.edu/care (care@wm.edu).
- For a list of other [resources](#) available to students, see [here](#) or scan the QR code:

