

Curriculum Vitae
MEGHAN MARY MILLER (Sinton), Ph.D.

CONTACT INFORMATION:

E-mail: mmsinton@wm.edu

CURRENT POSITION:

Senior Lecturer in Psychological Sciences Summer 2016- current
 William & Mary

Course Instructor, Human Development & Family Studies Summer 2014-current
 Pennsylvania State University World Campus

CURRICULUM DEVELOPMENT POSITIONS

On-line Course Development/Course Instructor Summer 2014-current
 Pennsylvania State University World Campus

Studio for Technology and Instruction Fellow (STLI) Fall 2020-Spring 2021
 William & Mary

TEACHING POSITIONS:

Richard Bland William & Mary Promise Scholar Faculty Spring 2018-current

Senior Lecturer in Psychology Summer 2016-current
 William & Mary

Lecturer in Psychology Summer 2014- Spring 2016
 William & Mary

Visiting Professor Fall 2010-Spring 2014
 William & Mary

Lecturer, Department of Psychology Fall 2007
 Washington University, Saint Louis, MO

Instructor, Department of Human Development and Family Studies Summer 2004, Fall 2004,
 Pennsylvania State University, State College PA Summer 2005

Teaching Assistant, Human Development and Family Studies Fall 2001, Fall 2003,
 Pennsylvania State University, State College, PA Summer 2004-Spring 2005

RESEARCH POSITIONS:

Research Instructor, Department of Psychiatry July 2009-August 2010
 Washington University School of Medicine, Saint Louis, MO

Post-Doctoral Research Scholar, Department of Psychiatry July 2006-June 2009
 Washington University School of Medicine, Saint Louis, MO

Research Assistant, Human Development and Family Studies
 Pennsylvania State University, State College, PA

Fall 2001-Summer 2004

EDUCATION:

Washington University School of Medicine
 Saint Louis, MO
 Mentor: Denise Wilfley, Ph.D.

Post Doctoral Scholar
 2006-2009

Pennsylvania State University
 University Park, PA
 Human Development and Family Studies

Degree: Ph.D., 2006

Pennsylvania State University
 University Park, PA
 Human Development and Family Studies

Degree: M.S., 2003

College of the Holy Cross
 Worcester, MA
 Psychology, Biological Psychology Concentration

Degree: B.A. *cum laude*
 2001

RESEARCH EXPERIENCE:

Washing University School of Medicine
 Department of Psychiatry
 Center for Eating and Weight Disorders (Denise E. Wilfley, Ph.D., Director)

July 2006-August 2010

Pennsylvania State University
 Department of Human Development and Family Studies
 Children's Eating Lab (Leann L. Birch, Ph.D., Director)
 Graduate Student Research Assistant

2001-2006

College of the Holy Cross
 Department of Psychology

1999-2001

RESEARCH HONORS AND AWARDS:

- NRSA Institutional Training Grant (NHLBI)
 Post-Doctoral Training Fellowship Trainee (T32) 2006-2009
- Kligman Dissertation Fellowship 2005-2006
 College of Health and Human Development, The Pennsylvania State University
- NIMH Travel Fellowship for the
 2004 International Conference on Eating Disorders April 2004

TEACHING CERTIFICATION/TRAINING

- "who's in my class" survey workshop Fall 2022
 - Pennsylvania State University/Schreyer Institute
- Integrative Teaching Certificate Course Fall 2022
 - Pennsylvania State University/Schreyer Institute
- Studio for Teaching & Learning Fellow Fall 2020-Sprng 2021
 - William & Mary
- Online Course Development Training Fall 2019

- William & Mary
 - Eastern Conference on the Teaching of Psychology June 2015
 - William & Mary Teaching Workshop Fall 2013-Spring 2014
 - Washington University Teaching Seminars April 2007
 - Pennsylvania State University/Schreyer Institute May 2005
 - Course in College Teaching (certificate course)
 - Department of Human Development and Family Studies Spring 2004
 - Course on Teaching in Undergraduate Courses in Human Development and Family Studies

TEACHING EXPERIENCE:

Online Courses

Advanced Child Development	2015-current
Introduction to Child Development	2016
Adult Development	2020-current
<i>Remote teaching during COVID 19: capstone research seminar, first year seminar, introduction to research methods, advanced seminar on adolescent development,</i>	

Lecture Courses

Adult Development	2017-current
Adolescent Development	2016-current
Health Psychology	2011-current
Developmental Psychology	2007-current
Introduction to Human Development and Family Studies	2004-2005

Lab Courses

Advanced Developmental Research	2010-current
Research Methods	2004-2005
	2012-current
Graduate Student Statistics: Introduction to Statistical Programs Lab	2004

Seminars/Directed Readings

Advanced Seminar: Adolescent Development	2011-current
Freshmen Seminar: Body Image (writing intensive)	2011-current
Directed Readings in Eating Disorders	2011-current
Directed Readings in Developmental Psychology	2013-current

Supervision of Students:

Emma Preston (Honors Thesis; William & Mary)	Fall 2019
Shelby Hurd (Internship; William & Mary)	Spring 2019
Hope Parker (Research; William & Mary)	Spring 2017
Sara Buxton (Directed Readings; William & Mary)	Spring 2017
Susanna Simmons (Directed Readings; William & Mary)	Spring 2017
Hannah Reynolds (Directed Readings; William & Mary)	Fall 2016
Cierra Williams (Directed Readings; William & Mary)	Fall 2015

Thomas Le (Directed Readings; William & Mary)	Spring 2015
Stephanie Guerard (Directed Readings; William & Mary)	Spring 2015
Emily O’Gorman (Directed Readings; William & Mary)	Fall 2014
Anna Hochgraf (Honors Psychology Thesis Student, William & Mary)	2013-2014
Maegan Jones (Honors Psychology Thesis Student, William & Mary)	Fall 2012
Meghan Brown (Honors Psychology Thesis Student, William & Mary)	2011-2012
Nicholas Peters (Directed Readings; William & Mary)	Spring 2012
Alice Proia (Directed Readings; William & Mary)	Spring 2012
Nathan Reese (Directed Readings; William & Mary)	Spring 2012
Undergraduate Research Interns (Washington University)	2007-2009
Allison Winik (Washington University Psychology Honors Thesis Student)	2009-2010
Anne Rattermann (Washington University School of Medicine Ferring Scholar)	2007-2008
Laura Wolkoff (Washington University Psychology Honors Thesis Student)	2007-2008
Sara Klayton (Washington University Psychology Honors Thesis Student)	2006-2007

Honors Thesis Committee Member:

Alyssa Grzesiak(thesis committee reader)	Spring 2020
Jenny Fiedler (thesis committee reader)	Spring 2020
Becki Smyder (thesis committee reader)	Spring 2020
Emma Preston (thesis committee co-chair)	Fall 2019
Mary Grutta (thesis committee reader)	Spring 2018
Rachel Plummer (thesis committee reader)	Spring 2018
Hannah Bunting (thesis committee member/reader)	Spring 2017
Thomas Le (thesis committee member/reader)	Spring 2017
Laurel Brockenberry ((thesis committee member/reader)	Spring 2016
Gabrielle Mecca (thesis committee member/reader)	Spring 2016
Minu Nagashunmugam (thesis committee member/reader)	Fall 2015
Emily O’Gorman (thesis committee member/reader)	Spring 2015
Diana Floegal (outside thesis committee member/reader)	Spring 2015
Anna Hochgraf (chair of thesis committee)	2013-2014
Meghan Brown (chair of thesis committee)	2011-2012
Maegan Jones (co-chair of thesis committee)	Fall 2012
Rachel Miller (thesis committee member/reader)	Spring 2012
Nicole Scott (thesis committee member/reader)	Spring 2012
Adrian Bravo (these committee member/reader)	Spring 2012

Masters Thesis Committee Member:

Harini Krishnamurti (thesis committee member/reader)	Spring 2022
Margaret Cameron (thesis committee member/reader)	Spring 2018
JoEllen Blass (thesis committee member/reader)	Spring 2017
Wen (Winnie) Zhuang(thesis committee member/reader)	Spring 2016
Catie Duckett (thesis committee member/reader)	Summer 2014
Kevin Cavanaugh (thesis committee member/reader)	Summer 2013
Sydney Tafuri (thesis committee member/reader)	Spring 2013

PUBLICATIONS:

Peer-Reviewed Manuscripts and Chapters

Taylor, C.B., Trockel, M., Kass, A.E., Cunning, D., Weisman, H., **Sinton, M.**, Aspen, V., Schecthman,

- K., Jacobi, C., & Wilfley, D.E. (2016). Reducing eating disorder onset in a very high risk sample with significant comorbid depression: Results of a randomized controlled trial. *Journal of Consulting and Clinical Psychology, 84*(2), 402-414.
- Kass, A. E., Trockel, M., Safer, D. L., **Sinton, M. M.**, Cunning, D., Rizk, M. T., ... & Taylor, C. B. (2014). Internet-based preventive intervention for reducing eating disorder risk: A randomized controlled trial comparing guided with unguided self-help. *Behaviour Research and Therapy, 63*, 90-98.
- Vannucci, A., Theim, K.R., Kass, A., Trockel, M., Genkin, B., Weisman, H., Aspen, V. **Sinton, M.M.**, Jacobi, C., Wilfley, D.E., & Taylor, C.B. (2013). What constitutes clinically significant binge eating? Association between binge features and clinical validators in college-age women. *International Journal of Eating Disorders, 46*(3), 226-32/
- Theim, K.R., **Sinton, M.M.**, Goldschmidt, A.B., Van Buren, D., Saelens, B.E., Stein, R.I., Epstein, L.H., Wilfley, D.E. (2013). Adherence to behavioral targets and treatment attendance during a pediatric weight control trial. *Obesity, 21*(2), 394-397.
- Vannucci, A., Kass, A., **Sinton, M.M.**, Aspen, V., Wilfley, D.E., & Taylor, C.B. (2012). An examination of the Clinical Impairment Assessment among women at high risk for eating disorder onset. *Behavior Research and Therapy, 50*(6), 407-14.
- Sinton, M.M.**, Goldschmidt, A.B., Passi, V.A., Theim, K., Stein, R.I., Saelens, B.E., & Wilfley, D.E. (2012). Psychosocial correlates of shape and weight concerns in overweight pre-adolescents associated with risk for disordered eating among overweight youth. *Journal of Youth and Adolescence (special issue on obesity), 14*(1), 67-75.
- Theim, K.R., **Sinton, M.M.**, Stein, R.I., Saelens, B.E., Thekkedam, S., Welch, R.R., & Wilfley, D.E. (2012). Child and parent dietary coping efficacy during behavioral family-based weigh control treatment. *Journal of Youth and Adolescence (special issue on obesity), 14*(1), 86-92.
- Sinton, M.M.** & Wilfley, D.E. (2011). Overweight in adolescence. In Brown, B.B. & Prinsten, M. (Eds.) *Encyclopedia of Adolescence, Volume 3 Psychopathology and non-normative processes*. Elsevier.
- Goldschmidt A.B., **Sinton M.M.**, Passi Aspen V., Tibbs T.T., Stein R.I., Saelens B.E., Frankel F., Epstein, L.H., Wilfley D.E. (2011). Psychosocial and familial impairment among overweight youth with social problems. *International Journal of Obesity, 5*, 428-435.
- Sinton, M.M.** & Taylor, C.B. (2010). Prevention: Current status and underlying theory. In S. Agras (Ed.), *Oxford Handbook of Eating Disorders*.
- Van Buren D.J. & **Sinton, M.M.** (2009). The psychological significance of weight loss and weight maintenance. *Journal of the American Dietetic Association, 109*(12): 1994-1996.
- Fisher, J.O., **Sinton, M.M.**, & Birch, L.L. (2008). Early experiences with food and eating: Implications for the development of eating problems. In Smolak, L. & Thompson, J. K. (Eds.), *Body Image, Eating Disorders, and Obesity in Youth* (2nd Edition).
- Goldschmidt, A.B., Passi, V.A., **Sinton, M.M.**, Tanofsky-Kraff, M., & Wilfley, D.E. (2008).

Disordered eating attitudes and behaviors in overweight youth. *Obesity*, 16(2): 257-264.

Frankel F., **Sinton M.**, & Wilfley D. (2007). Social skills training and the treatment of pediatric overweight In: O'Donohue, W., Scott W.B, Moore, B. (Eds.), *Handbook of Pediatric and Adolescent Obesity Treatment* (pp. 105-116), Taylor & Francis, New York.

Goldschmidt, A.B., Passi, V.A., **Sinton, M.M.**, Tanofsky-Kraff, M., & Wilfley, D.E. (2007). Abnormal eating patterns in overweight children and adolescents. *Recent Progress in Obesity Research: Proceedings of the International Congress on Obesity Conference*.

Sinton, M.M. & Birch, L.L. (2006). Individual and sociocultural influences on pre-adolescent girls' appearance schemas and body dissatisfaction. *Journal of Youth and Adolescence*, 225 (2): 165-175.

Sinton, M.M. & Birch, L.L. (2005). Weight status and psychosocial factors predict the emergence of dieting in preadolescent girls. *International Journal of Eating Disorders*, 38(4): 346-354.

INVITED PRESENTATIONS:

Sinton, M.M. (2015). Teaching and Psychology. Department of Psychology Brown Bag, September 2015. College of William & Mary, Williamsburg VA.

Sinton, M.M. (2012). Using technology, creativity, and innovation to prevent body image concerns and disordered eating in at-risk females. Invited presentation for the 2012 Society for Prevention Science Annual Conference: Social Media Pre-Conference Workshop. May 2012, Washington D.C.

Invited Presentation

Sinton, M.M., Kokol, R. , Kass, A. , & McClendon, J. (2010). Current status of prevention and treatment approaches for child and adolescent obesity. Invited presentation for the 2010 St. Louis Regional Sports Performance Clinic. March 2010, St. Louis, MO.

Invited Expert Presentation

Sinton, M.M. (2010). Exercise and eating disorders: What is pathological? Eating Disorders Awareness invited panel discussion for Washington University National Eating Disorders Awareness Week. March 2010, St. Louis, MO.

Invited Presentation

Sinton, M.M. (2010). An Internet-based approach to reducing eating disorders in high risk women. Washington University School of Medicine Psychiatry Research Seminar. February 2010, St. Louis, MO.

Psychiatry Department Research Presentation

Sinton, M.M., Passi, V., Celio-Doyle, A., Goldschmidt, A., & Wilfley, D.E. (2009) Innovations with the Internet for treatment and prevention for disordered eating and overweight in youth. Workshop presented at the Society for Adolescent Medicine Annual Meeting, March 2009, Los Angeles, CA.

Sinton, M.M. & White, E. (2009). Overview of eating disorder: Signs, symptoms and treatment and

prevention approaches. Eating Disorders Awareness invited lecture for the Forest Park Community College Counseling Center, March 2009, St. Louis, MO.

Community service organization presentation

Sinton, M.M. (2008). Disordered eating in children and adolescents: An overview of risk factor and treatment research. Wednesday St. Louis Women's Club, March 2008, St. Louis, MO.

Community service organization presentation

Sinton, M.M., Taylor, C.B., & Wilfley, D.E. (2007). An internet program for the prevention of eating disorders in at-risk college-age women. Oral Presentation. 2007 International Conference on Eating Disorders. May 2007, Baltimore, MD.

Sinton, M.M., Tanofsky-Kraff, M., Field, A.E., & Goldschmidt, A.B. (2007). Disordered eating and overweight among children: Research findings and implications for assessment and treatment. Workshop presented at the 2007 International Conference on Eating Disorders. May 2007, Baltimore, MD.

Sinton, M.M., Goldschmidt, A.B., Passi, V.A., Tanofsky-Kraff, M., & Wilfley, D.E. (2006). Abnormal eating patterns and behaviors in overweight children and adolescents. *State of the Art Lecture*. 2006 International Congress on Obesity. September 2006, Sydney, Australia.

International Invited Presentation

Sinton, M.M. (2006). Individual and contextual influences on young girls' disordered eating behaviors and attitudes. Aging and Development Brown Bag. October 2006. Washington University, Psychology Department, Saint Louis, Missouri.

CONFERENCE PRESENTATIONS:

**Graduate student; **Honors/Research student; †Ferring Scholar Student, Washington University School of Medicine*

Jones, M., **Sinton M.M.**, & Forestell, C. (2013). Influence of mothers' direct and indirect messages on their daughter's eating and body image concerns. Poster presentation. Association for Psychological Science Annual Conference. May 2013, Washington DC.

Brown, M.K.**, & **Sinton, M.M.** (2012). Examining the effects of a cognitive dissonance program on body image and sexual risk taking in college women. Poster presentation to be presented at the College of William & Mary's Annual Undergraduate Research Symposium. February 2012, Williamsburg VA.

Weisman H., Vannucci A., **Sinton M.M.**, Trockel M., Nafiz N., Bailey J.O., Chang V., Wilfley, D. E., Taylor, C.B. (2011). Feelings of power or powerlessness moderate the relationship between body shame and eating pathology in college women. Oral presentation. Annual International Conference on Eating Disorders, April 2011, Miami, FL.

Sinton, M.M., Cooperberg, J., Jones, M., Taylor, C.B., & Wilfley, D. (2011). The developmental relevance of parents and caregivers in the prevention of overweight in youth. Oral Presentation. Society for Research on Child Development Bi-Annual Conference. April 2011, Montreal, Canada.

**part of symposium on parental influence on childhood obesity*

- Trockel, M., Kass, A., Safer, D., **Sinton, M.**, Cuning, D., Weisman, H., Bailey, J., Wilfley, D., & Taylor, C.B. (2011). Does a moderated online discussion group help? A randomized controlled trial of an Internet-based intervention for college women at risk for eating disorder onset. Oral presentation. International Society for Research on Internet Interventions Conference, January 2011, Sydney, Australia.
- Bailey, J., Nafiz, N., **Sinton, M.M.**, Weisman, H., Rizk, M., Chang, V., Wilfley, D., & Taylor, C.B. (2010). Impact of social networking site use on weight and shape concerns in women at risk for developing eating disorders. Poster Presentation. 2010 ABCT Annual Conference, November 2010, San Francisco, CA.
- Aspen, V., **Sinton, M.M.**, Rizk, M., Genkin, B., Nafiz, N., Bailey, J., Weisman, H., Kass, A., Findley, H., Wilfley, D., & Taylor, C.B. (2010). Impact of family history and comorbid psychopathology on risk for onset of eating disorders. Poster presentation. 2010 Eating Disorders Research Society Annual Conference. October 2010, Boston, MA.
- Kass, A.E., **Sinton, M.M.**, Aspen, V.A., Taylor, C.B., & Wilfley, D.E. (2010). Self-injurious behaviors in college women at high risk for eating disorders. Poster presentation. 2010 Eating Disorders Research Society Annual Conference. October 2010, Boston, MA.
- McClendon, J., **Sinton, M.M.**, Taylor, C.B., & Wilfley, D.E. (2010). Ethnic identity, depression, and disordered eating in a multi-ethnic sample of college women. Poster presentation. 2010 Eating Disorders Research Society Annual Conference. October 2010, Boston, MA.
- Kass, A.E., **Sinton, M.M.**, Aspen, V.A., Taylor, C.B., & Wilfley, D.E. (2010). Self-injurious behaviors in college women at high risk for eating disorders. Poster presentation. 2010 Eating Disorders Research Society Annual Conference. October 2010, Boston, MA.
- Sinton, M.M.**, Chang, V., Trockel, M., Fittig, E., Kass, A.E., Cuning, D., Jacobi, C., Wilfley, D.E., & Taylor, C.B. (2010). Impact of an Internet program on reducing eating disorder behaviors and comorbidity in high-risk college women. Oral Presentation. 2010 International Conference on Eating Disorders, June 2010, Salzburg, Austria.
- Vannucci, A., **Sinton, M.**, Fittig, E., Jacobi, C., Taylor, C.B., Wilfley, D.E. (2010) A dimensional approach to understanding loss of control eating in high risk college women. Poster presentation. 210 International Conference on Eating Disorders, Salzburg, Austria.
- White, E., Vannucci, A., **Sinton, M. M.**, Agras, W. S., Wilson, G. T., & Wilfley, D.E. (2010). Gender differences in treatment response for patients with binge eating disorder. Oral Presentation. 2010 International Conference on Eating Disorders, June 2010, Salzburg, Austria.
- Vannucci, A., **Sinton, M.M.**, Rodgers, S., & Kirschner, S. (2009). You are what you eat: Embodying gender and morality in eating behaviors. Poster presentation. 2009 Association for Psychological Science (APS) Annual Convention. May, 2009, San Francisco, CA.
- Theim, K.R., **Sinton, M.M.**, Stein, R.I., Saelens, B.E., Thekkedam, S.C. & Wilfley, D.E. (2008). Coping with high-risk situations and weight loss during family-based behavioral treatment. Poster presentation. 2008 Obesity Society Annual Meeting, October 2008, Phoenix, AZ.

- Sinton, M.**, Chang, V., Trockel, M., Wilfley, D., & Taylor C.B. (2008). Associations between disordered eating behaviors and attitudes and emotion regulation in college students. Poster presentation. 2008 Eating Disorders Research Society Annual Conference. September 2008, Montreal, Canada.
- Wolkoff, L. *, **Sinton, M.M.**, & Welch, R.R. (2008). Influence of disordered eating attitudes on the Stigmatization of eating disorders. Poster presentation. Midwestern Psychological Association Annual Conference. May 2008, Chicago, IL.
- Ratermann, A.E. †, **Sinton, M.M.**, Cunning, D., Aspen, V.P., Jones, M., Wilfley, D.E., & Taylor, C.B. (2008). Development of an Internet prevention program for at-risk college women to reduce eating disorders. Poster presentation. Research on Adolescence Bi-Annual Conference. March 2008, Chicago IL.
- Sinton, M.M.**, Jones, M., Aspen, V.P., Safer, D., Cunning, D., Wilfley, D.E., & Taylor, C.B. (2008). The impact of an Internet-facilitated prevention program on disordered eating and emotion regulation in at-risk college women. Poster presentation. Annual Washington University Post Doctoral Research Symposium, February 2008, St. Louis, MO.
- Sinton, M.M.**, Goldschmidt, A.B., Aspen, V.P., Theim, K.R., Stein, R.I., Saelens, B.E., & Wilfley, D.E. (2007) Impact of psychosocial factors on risk for disordered eating among overweight youth. Poster presentation. Eating Disorders Research Society Conference, October 2007, Pittsburgh, PA.
- Theim K.R., **Sinton M.M.**, Goldschmidt A.B., Van Buren D., Saelens B.E., Stein R.I., Epstein L.H., & Wilfley D.E. (2007). Predictors of attendance during a pediatric weight control trial. Poster presentation. Annual Eating Disorders Research Society Conference, October 2007, Pittsburgh, PA.
- Stein R.I., Goldschmidt A.B., **Sinton M.M.**, Passi Aspen V., Tibbs T.T., Saelens B.E, Frankel F., Epstein L.H., & Wilfley D.E. (2007). Social impairment in overweight youth: Associations with psychosocial and familial functioning. Poster presentation. North American Association for the Study of Obesity annual conference. October 2007, New Orleans, LA.
- Stein R.I., Passi Aspen V., **Sinton M.M.**, Cooperberg, J., Tibbs T.T., Saelens B.E, Frankel F., Epstein L.H., & Wilfley D.E. (2007). Impact of familial environment variables in a weight control intervention. Poster presentation. North American Association for the Study of Obesity annual conference. October 2007, New Orleans, LA.
- Sinton, M.M.**, & Birch, L.L. (2006). Association between preadolescent risk factors and early adolescent engagement in disordered eating in girls. Poster Presentation. 2006 Eating Disorders Research Society Annual Conference. August 2006, Port Douglas, Australia.
- Root, T.L., **Sinton, M.M.**, & Collins, L. (2006). Disordered eating and the onset of drug use in females during late adolescence. Oral Presentation. 2006 International Conference on Eating Disorders. June 2006, Barcelona, Spain.
- Sinton, M.** & Birch, L. (2006). Family, peer, and media influences on early adolescent girls' dietary restraint and binge eating. Oral Presentation. Society for Research on Adolescence Bi-Annual Conference. March 2006, San Francisco CA.
- Co-Chair of Symposium on Social Influences on Disordered Eating and Weight Concerns*

- Sinton, M.** & Birch, L. (2005). Associations among weight status, dietary restraint, and binge eating in young girls. Poster Presentation. 2005 Eating Disorders Research Society Annual Conference. September 2005, Toronto, Canada.
- Sinton, M.**, Davison, K. & Birch, L. (2005). Evaluating the association between girls' reactions to pubertal development and girls' risk for body dissatisfaction and disordered eating. Oral Presentation. 2005 International Conference on Eating Disorders. April 2005, Montreal, Canada.
- Sinton, M.** & Birch, L. (2005). Maternal and peer influence on young girls' appearance concerns and body image. Oral Presentation. Society for Research on Child Development Bi-Annual Conference. April 2005, Atlanta GA.
- Sinton, M.** & Birch, L. (2004). Longitudinal association between use of healthy and unhealthy dieting strategies and overweight in women. Poster Presentation. North American Association for the Study of Obesity Annual Conference. November 2004, Las Vegas NV.
- Sinton, M.** & Birch, L. (2004). Weight status and psychosocial factors predict the emergence of dieting in preadolescent girls. Oral Presentation. 2004 International Conference on Eating Disorders. April 2004, Orlando, FA.
- Sinton, M.** & Birch, L. (2003). Development of risk for disordered eating in young girls: The role of weight status. Poster Presentation. North American Association for the Study of Obesity annual conference. October 2003, Ft. Lauderdale, FL.
- Sinton, M.** & Birch, L. (2003). Childhood weight status and depression: What is the relationship? Poster Presentation. Federation of American Societies for Experimental Biology annual conference. April 2003, San Diego, CA.
- Sinton, M.**, Davison, K., & Birch, L. (2002). The relationship between perceptions of parental conflict and weight concerns in nine-year-old girls. Poster Presentation. Pennsylvania State University Annual Graduate Exhibition. March 2002, University Park, PA.

STUDENT PRESENTATIONS:

Presentations from students who I have supervised/mentored

***Honors/Research student; †Ferring Scholar Student, Washington University School of Medicine*

- Hochgraf, A.K. **, & **Sinton, M.M.** (2014). The skinny on media effects on college female body image. Poster presentation. College of William & Mary's Annual Undergraduate Research Symposium. April 2014, Williamsburg VA.
- Jones, M., **, **Sinton M.M.**, & Forestell, C. (2013). Influence of mothers' direct and indirect messages on their daughter's eating and body image concerns. Poster presentation. Association for Psychological Science Annual Conference. May 2013, Washington DC.
- Brown, M.K. **, & **Sinton, M.M.** (2012). Examining the effects of a cognitive dissonance program on body image and sexual risk taking in college women. Poster presentation. College of William & Mary's Annual Undergraduate Research Symposium. February 2012, Williamsburg VA.
- Winik, A. **, **Sinton, M.M.**, & Wilfley, D.E. (2010). Association of body dissatisfaction and external vs.

internal control with disordered eating in college women. Poster presentation. Washington University Annual Undergraduate Honors Research Symposium. May 2010, Saint Louis, MO.

Wolkoff, L. **, **Sinton, M.M.**, & Welch, R.R. (2008). Influence of biological information and individual disordered eating attitudes on the stigmatization of eating disorders. Poster Presentation. Midwestern Psychological Association Annual Conference. May 2008, Chicago, IL.

Wolkoff, L. **, **Sinton, M.M.**, & Welch, R.R. (2008). Knowledge and the stigmatization of eating disorders. Poster Presentation. Washington University Annual Undergraduate Honors Research Symposium. May 2007, Saint Louis, MO.

Ratermann, A. †, **Sinton, M.M.**, Cuning, D., Aspen, V.P., Jones, M., Wilfley, D.E., Taylor, C.B. (2008). Development of an Internet prevention program for at-risk college women to reduce eating disorders. Poster Presentation. Society for Research on Adolescence Bi-Annual Conference. March 2008, Chicago IL.

Ratermann, A. †, **Sinton, M.M.**, Wilfley, D.E., & Taylor, C.B. (2007). Development of an Internet program to reduce eating disorders and related comorbidities in at-risk college women. Poster Presentation. Washington University School of Medicine Ferring Scholar Annual Research Symposium. July 2007, Saint Louis, MO.

Klayton, S. **, **Sinton, M.M.**, & Wilfley, D.E. (2007). Impact of gender and eating disorder attitudes on calorie and portion size estimation in college students. Poster Presentation. Washington University Annual Undergraduate Honors Research Symposium. May 2007, Saint Louis, MO.

JOURNAL EDITORIAL BOARD:

Journal of Youth and Adolescence	2013-current
Adolescent Research Review	2014-current

JOURNAL AD HOC REVIEWER:

Appetite
 Eating Behaviors
 International Journal of Eating Disorders
 Journal of Adolescent Health
 Journal of Youth and Adolescence
 Journal of Early Adolescence
 Obesity
 Pediatrics
 Journal of Personality

CONTRIBUTOR:

Faculty 1000 Medicine	2008-2010
(Review and recommend current empirical research related to eating disorders)	

DEPARTMENTAL/COLLEGE SERVICE:

William & Mary:

STLI Fellow	Fall 2020-Spring 2021
Suicide Prevention Coalition Faculty Committee Chair	Spring 2020-Summer 2021
Committee on Academic Status Co-chair	Fall 2021-Spring 2022
Ad Hoc Committee for Remote Learning	Spring 2020
Dean Conley Ad Hoc working group	Fall 2019-Spring 2020
<i>Evaluated possible options for pre/post doc training programs related to diversity initiatives/job offers</i>	
Suicide Prevention Coalition	Fall 2019-current
Committee on Academic Status	Summer 2019-Summer 2022
Pre-Major Advisor	Fall 2017-current
Women's Network Co-chair	Fall 2018-current
Women's Network Executive Committee	Spring 2017-current
Judging Panel for the 2017 Graduate Research Symposium	Spring 2017
Diversity Committee Co-Chair	Fall 2016-current
Psychological Sciences	
Psychological Sciences Public Relations Committee (member)	Fall 2016-current
Women's Network Mentoring Group	Fall 2015-Spring 2016
Major Advising	Fall 2014-current
Rec Center Staff Training (body image)	Fall 2015-current
Undergraduate Studies Committee	Fall 2011-2013
Psychology Department	
Freshmen Advisor	
Faculty contact for Student CARES Group	Fall 2010-Spring 2012
(student group related to eating disorders awareness on campus)	
<i>* delivered campus wide lecture on body image and eating disorders Fall 2011; Fall 2012, Fall 2013, Fall 2014</i>	
<i>* served as invited speaker for a screening of a documentary on body image/eating disorders for the campus community, Fall 2010</i>	