

# FLOURISHING THROUGH LIFE TRANSITIONS



William & Mary's Veteran-to-Executive Transition (W&M VET) certificate program—*Flourishing Through Life Transitions*—emphasizes a comprehensive approach centered on wellness & self-discovery.

Our program trains veterans to perform with high degrees of productivity, fulfillment, and resilience as they transition to civilian management positions, while flourishing in their careers and personal lives.

**DATES:** July 8 - 12, 2024

**LOCATION:** Center for Military Transition,  
William & Mary's Raymond A. Mason School of  
Business, Williamsburg, VA

**PROGRAM PARTNERS:** W&M VET, Center for  
Military Transition, Mason School of Business, Center  
for Mindfulness and Authentic Excellence, Whole of  
Government Center of Excellence, the Office of  
Student Veteran Engagement, and more.

**FORMAT:** 1-week in-person, followed by 3-months of  
weekly hybrid transition seminars and services

**CERTIFICATE FEE:** \$2500

Housing, parking, course materials, program events, and  
some meals are included.

Participants who complete the program also receive  
career services support and exclusive invitations to Center  
for Military Transition alumni and career development  
events.

This custom program will enroll approximately 20  
transitioning veterans, military spouses, and members of  
the intelligence community.

Our unique, comprehensive curriculum leverages strengths  
across William & Mary's campus and subject matter expertise.  
*Flourishing* emphasizes physical and mental wellness, develops  
introspective insights into corporate culture, and builds  
business skills critical to flourishing in executive leadership and  
other positions.

Engaging William & Mary's #1 MBA faculty and subject-matter  
experts from the Center for Mindfulness and Authentic  
Excellence, the week-long residential program - followed by a  
series of virtual information sessions and 1:1 career transition  
support - is designed to be a transformational experience. By  
the completion of the program, participants will see the world  
and themselves in a new and better way - a way that will provide  
them with the skills and knowledge to flourish in a new chapter  
of service.

Well-documented as a prerequisite for excellence  
in leadership, *integrative wellness* will be a  
central component of our curriculum.

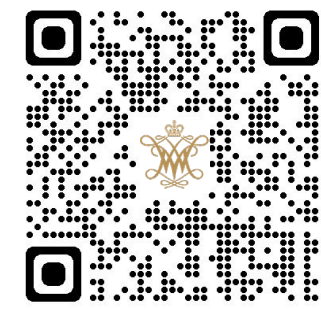
Experiential Learning | Authentic Excellence | Eight Dimensions  
of Wellness | Mindfulness | Creative Writing | Hiking |  
Nutrition | Pain Management | Strength and Cardio Training |  
Kayaking | Paddle Boarding

This hands-on program will hone the business skills needed to  
flourish in your craft, leadership, and career.

Communication | Professionalism | Employer Expectations |  
Impression Management | Organizational Behavior |  
Executive Presence | Storytelling | Finance | Corporate  
Cultural Competency | Branding | Entrepreneurial Thinking

For more information on applying, please contact:  
[flourishing@wm.edu](mailto:flourishing@wm.edu)





# Our Opportunity...Holistic *FLOURISHING*

## July 8-12: FLOURISHING THROUGH LIFE TRANSITIONS

a *GROUNDBREAKING* transition program that stresses physical & mental wellness, builds key business and leadership skills, and provides key insights into corporate culture.

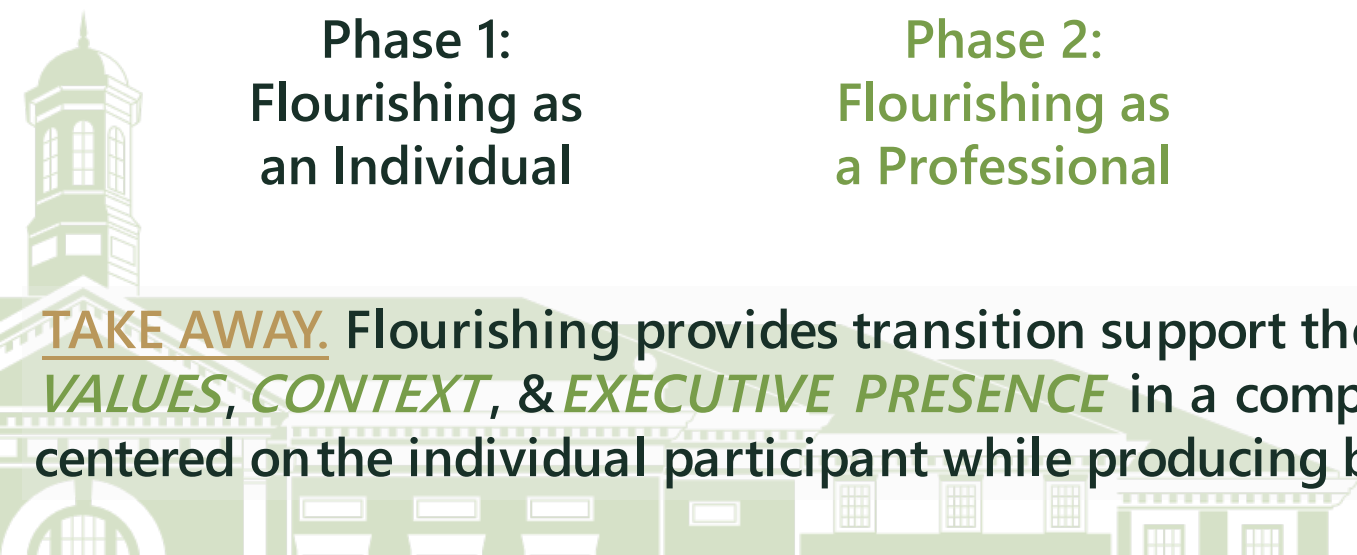


Phase 1:  
Flourishing as  
an Individual

Phase 2:  
Flourishing as  
a Professional

Lifelong Career  
Services & *TRIBE*  
Connections

Values-based  
Opportunity to  
*FLOURISH*



**TAKE AWAY.** Flourishing provides transition support the *RIGHT* way. It emphasizes *LEADERSHIP, VALUES, CONTEXT, & EXECUTIVE PRESENCE* in a comprehensive approach to career transitions centered on the individual participant while producing broad impacts.